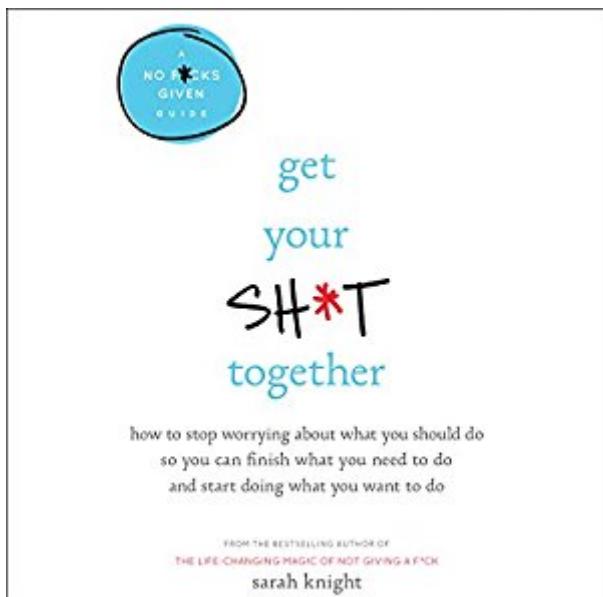


The book was found

Get Your Sh*t Together: How To Stop Worrying About What You Should Do So You Can Finish What You Need To Do And Start Doing What You Want To Do



Synopsis

The no-f--ks-given, no-holds-barred guide to living your best life Ever find yourself stuck at the office - or even just glued to the couch - when you really want to get out (for once), get to the gym (at last), and get started on that "someday" project you're always putting off? You need to Get Your Sh*t Together. In The Life-Changing Magic of Not Giving a F--k, "anti-guru" Sarah Knight introduced listeners to the joys of mental decluttering. This book takes you one step further - organizing the f--ks you want and need to give and cutting through the bulls--t cycle of self-sabotage to get happy and stay that way. You'll discover: The power of negative thinking Three simple tools for getting your s--t together How to spend less and save more Ways to manage anxiety, avoid avoidance, and conquer your fear of failure And tons of other awesome s--t!

Book Information

Audible Audio Edition

Listening Length: 4 hours and 32 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Hachette Audio

Audible.com Release Date: December 27, 2016

Language: English

ASIN: B01MQSTE2O

Best Sellers Rank: #13 in Books > Self-Help > Time Management #35 in Books > Audible Audiobooks > Humor #121 in Books > Audible Audiobooks > Health, Mind & Body > Self-Help

Customer Reviews

Another hit from the author of last year's best self help parody. Whether you want a light read full of hilarious insights, or actually need a kick in the ass to get your "life" together, this book has what you're looking for. This is the type of book that you buy someone as a gag gift, and then read and keep for yourself because it was more honest and insightful than you ever expected. Highly recommend to the well-put-together and deviant alike.

I'm a fan of this author. Her casual open style mixed with common sense and life lessons really speaks to me. I've purchased this and her other book with for my friends to share the easily digested knowledge.

This book was easy to read and made a lot of sense. I have since put this into practise and it has helped heaps. Thanks Sarah for making it all make sense. Down to earth.

Love this book. Even better than her other one.

More than I expected. Love it. Messages and quotes are right on time.

Funny read, and good advice that we all need to hear over and over and over....

this really puts things in perspective

The (succinct) book is proverbial "swift kick in the arse" we all need on a periodic basis.

[Download to continue reading...](#)

Get Your Sh*t Together: How to Stop Worrying About What You Should Do So You Can Finish What You Need to Do and Start Doing What You Want to Do Get Your Sh*t Together: How to Stop Worrying About What You Should Do So You Can Finish What You Need to Do and Start Doing What You Want to Do (No F*cks Given Guide) Get Your Sh*t Together: How to Stop Worrying About What You Should Do So You Can Finish What You Need to Do and Start Doing What You Want to Do (A No F*cks Given Guide) Learn What To Expect In Your Divorce So You Can Stop Worrying: Experienced New Jersey Divorce Attorneys Explain How To Protect What Matters Most To You How to Stop Worrying and Start Living: Time-Tested Methods for Conquering Worry Como Suprimir las Preocupaciones y Disfrutar de la Vida [Stop Worrying and Start Living] How to Stop Worrying and Start Living How To Stop Worrying and Start Living: What Other People Think Of Me Is None Of My Business Stop Smoking: Now!! Stop Smoking the Easy Way!: Bonus Chapter on the electronic cigarette! (Quit Smoking, Stop Smoking, Blood Pressure, Heart Disease, Lung Cancer, Smoking, Stop) The 9 Steps to Financial Freedom: Practical and Spiritual Steps So You Can Stop Worrying The 9 Steps to Financial Freedom: Practical and Spiritual Steps So You Can Stop Worrying How to DECLUTTER Your Mind: How to Regain your Self Esteem & Self Confidence: How to Stop Worrying and Relieve Anxiety: Deliver Me From Negative Self Talk The Life-Changing Magic of Not Giving a F*ck: How to Stop Spending Time You Don't Have with People You Don't Like Doing Things You Don't Want to Do The Life-Changing Magic of Not Giving a F*ck: How to Stop Spending Time You Don't Have with People You Don't Like Doing Things You Don't Want to Do (A No F*cks Given Guide) I Need to Stop Drinking!: How to Stop Drinking and Get Your

Self-Respect Back It's Not All in Your Head: How Worrying about Your Health Could Be Making You Sick--and What You Can Do about It Declutter Your Mind: How to Stop Worrying, Relieve Anxiety, and Eliminate Negative Thinking (Mindfulness Books Series Book 1) Declutter Your Mind: How to Stop Worrying, Relieve Anxiety, and Eliminate Negative Thinking The Awesome Guide to Life: Get Fit, Get Laid, Get Your Sh*t Together How To Stop Enabling Your Adult Children: Practical steps to use boundaries and get your power back as you stop enabling (Empowering Change Book 1)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)